

We are excited that you are interested in joining one of our athletic teams. The following is a list of requirements for participation in any sports that are played on school district property. All links will redirect you to the appropriate form or website.

[SPORTS PHYSICAL](https://www.pcsb.org/cms/lib/FL01903687/Centricity/Domain/11799/joneske_8-17-2023_13-52-44.pdf) (completed by a healthcare professional)

[STUDENT ATHLETE INSURANCE](https://www.hsri.com/K12_Enrollment/Main/default.asp) (must be purchased through this vendor)

**NOTE: IF YOUR STUDENT PLAYS ADDITIONAL SPORTS AND HAS ALREADY BEEN CLEARED BY ADMINISTRATION, YOU MAY NOT NEED TO PURCHASE ADDITIONAL INSURANCE – CHECK WITH YOUR COACH!!**

[CONCUSSION, HEAT ILLNESS, CARDIAC ARREST ONLINE TRAININGS](http://www.nfhslearn.com/) (all free and must be taken and certificates uploaded. Player should take a screenshot of their certificate upon completion)

* [CONCUSSION WEBINAR](https://nfhslearn.com/courses/concussion-for-students)
* [HEAT ILLNESS WEBINAR](https://nfhslearn.com/courses/heat-illness-prevention-2)
* [CARDIAC ARREST WEBINAR](https://nfhslearn.com/courses/sudden-cardiac-arrest)

[COMPLETED DOCUMENTS UPLOAD SITE](http://athleticclearance.com./) (you are required to upload documents for approval. This link will take you to the site. If you need instructions on how to create an account or upload documents, click [HERE](https://www.pcsb.org/Page/40728))

**This process needs to be completed annually per player. If you expect to be playing multiple sports, you will only do this part once for all sports – but should choose all potential sports from the drop-down list.**

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